



Parklane Spa



Parklane Spa

a space for renewal and self-care

Every element here is designed to help you slow down,
let go of tension, and restore harmony to your body and mind

Session Visit

Additional Services

Memberships

Personal Consultations

Steam rituals

Aqua Treatments

SPA Care Treatments

Body Treatments

Facials

SPA-packages

Choose your ritual of relaxation and renewal

Session Visit

Adult pass

Week days

✓ Aqua

- Swimming pool
- Hydromassage pool
- Kids' pool
- Finnish sauna
- Turkish hammam

3 300 ₺
4 hours

✓ Sport

Weekends

✓ Aqua

- Swimming pool
- Hydromassage pool
- Kids' pool
- Finnish sauna
- Turkish hammam

3 800 ₺
4 hours

✓ Thermal

✓ Sport

- Fir, Alpine, Russian & Turkish saunas
- Experience shower
- Ice fountain

Peak days*

✓ Aqua

- Swimming pool
- Hydromassage pool
- Kids' pool
- Finnish sauna
- Turkish hammam

4 400 ₺
4 hours

✓ Thermal

✓ Sport

- Fir, Alpine, Russian & Turkish saunas
- Experience shower
- Ice fountain

Access to the complex is available within a session according to the schedule.

Session Visit

Child Pass

(ages 3 to 12)

Week days

Children must be accompanied by an adult. Free entry for children under 3.

✓ Aqua

- Swimming pool
- Hydromassage pool
- Kids' pool
- Finnish sauna
- Turkish hammam

1 600 ₺
4 hours

✓ Sport

Weekends

✓ Aqua

- Swimming pool
- Hydromassage pool
- Kids' pool
- Finnish sauna
- Turkish hammam

1 900 ₺
4 hours

✓ Thermal

- Fir, Alpine, Russian & Turkish saunas
- Experience shower
- Ice fountain

✓ Sport

Peak days*

✓ Aqua

- Swimming pool
- Hydromassage pool
- Kids' pool
- Finnish sauna
- Turkish hammam

2 200 ₺
4 hours

✓ Thermal

- Fir, Alpine, Russian & Turkish saunas
- Experience shower
- Ice fountain

✓ Sport

Access to the complex is available within a session according to the schedule.

Peak days*

1 января - 11 января, 21 февраля – 23 февраля,
8 марта – 9 марта, 1 мая – 3 мая
9 мая , 12 июня , 4 ноября, 31 декабря

Additional Services



VIP Locker Rental

5 000 ₺

// per session

- Individual changing room with two showers and a bathroom
- Private relaxation area
- Lockers (3 or 4) for personal belongings
- Direct access to the aqua zone

Swimming Lane / Personal Training Hall Rental

1 hour // 1 000 ₺

Available with a session visit or membership

Bathrobe Rental

500 ₺

Towel Rental

300 ₺

Bath Sheet Rental

300 ₺

Disposable Slippers (1 pair)

100 ₺

Disposable Children's Swim Diapers

200 ₺

Session Overtime

1 hour // 1 000 ₺

Lost Band Fee

1000 ₺

Memberships

Adults

1 month

31 000 ₺

- ✓ Aqua
- ✓ Thermal
- ✓ Sport

3 month

59 000 ₺

- ✓ Aqua
- ✓ Thermal
- ✓ Sport

6 month

106 000 ₺

- ✓ Aqua
- ✓ Thermal
- ✓ Sport
- ✓ 3 guest visits
- ✓ Membership freeze for up to 15 days

12 month

149 000 ₺

- ✓ Aqua
- ✓ Thermal
- ✓ Sport
- ✓ 5 guest visits
- ✓ Membership freeze for up to 45 days

Personal trainer membership 1 month

20 000 ₺

Recurring membership
purchase

5% discount



For children under 12
– 30% off the membership price

*Guest visits are only possible when accompanied by a membership holder.

*Children under 18 may only visit the SPA complex when accompanied by an adult.

*Membership access is available in accordance with the SPA complex opening hours and session schedule.

Memberships

Family

«1+1» Family Membership 6 months

101 000 ₺

*per person

✓ Aqua

✓ Thermal

✓ Sport

✓ 3 guest visits

✓ Membership freeze for up to 15 days

«1+1» Family Membership 12 months

142 000 ₺

*per person

✓ Aqua

✓ Thermal

✓ Sport

✓ 5 guest visits

✓ Membership freeze for up to 45 days

«2+1» Family Membership 12 months

135 000 ₺

*per person

✓ Aqua

✓ Thermal

✓ Sport

✓ 5 guest visits

✓ Membership freeze for up to 45 days

Additional Services

Locker rental

1 month // 5 000 ₺

the service is provided subject to availability.

Membership reissuance to another person

1 000 ₺

membership reissuance to another person

The offer applies to family members when purchased simultaneously.

A guest visit is permitted only when accompanied by the membership holder.

Children under 18 may visit the SPA complex only when accompanied by an adult.

Membership visits are subject to the SPA complex's operating hours and session schedule.

Discounts are not cumulative.

Personal Consultations

Personal Consultation

on swimming in the pool or with a fitness instructor in the gym (with practical sessions)

30 minutes // 2 500 ₺

1 hour // 3 500 ₺

Split consultation

(simultaneous consultation for two guests) on swimming in the pool or with a fitness instructor in the gym (with practical sessions)

1 hour // 5 500 ₺

Пакеты сеансов

Package of 10 personal consultations

on swimming in the pool or with a fitness instructor in the gym (with practical sessions)

30 minutes // 22 500 ₺

1 hour // 31 500 ₺

Package of 10 split consultations

(simultaneous consultation for two guests) on swimming in the pool or with a fitness instructor in the gym (with practical sessions)

1 hour // 49 500 ₺



Steam rituals

Classic steam ritual for one /for two

60 minutes // 7 200 ₺

90 minutes // 11 000 ₺

Experience the timeless art of the Russian bath: deep warming, intense steaming with aromatic brooms, and contrast cool rinses to awaken the senses.

Honey-Salt Steaming Ritual

60 minutes // 8 000 ₺

A revitalizing ritual for skin renewal and deep relaxation. Natural honey and salt nourish and soften the skin, while a warm sheet wrap creates a cocoon of comfort. Complete the experience with a rest in the Himalayan salt room and a tea ceremony for full rejuvenation.

Steam treatment with ice

60 minutes // 8 000 ₺

Gentle preliminary warming up, transitioning into hot steaming with fragrant brooms. Followed by rubbing with ice, which tones the skin and increases its elasticity. Contrast return to steam with deep warming using herbal compresses.



Finish the ritual with a rest in the Himalayan salt room and a soothing tea ceremony to fully restore your energy.

The rituals of steam baths have contraindications; it is necessary to consult a specialist first.

Steam rituals

Moroccan care "Foam Rhapsody"

60 minutes // 8 600 ₺

An Eastern ritual of cleansing and relaxation on a heated stone table. A deep Kese peeling and a gentle soapy spa massage with fragrant foam will give the skin smoothness. The ritual is completed with the application of a nourishing cream.

Moroccan Foam SPA Ritual

90 minutes // 16 200 ₺

Embark on a journey to Eastern harmony through a sequence of rituals: gentle steaming in the hammam, exfoliation with a kese mitt on a warm table, a relaxing soap massage with aromatic foam, and a moisturizing wrap. Nourishing cream for radiant skin and a tea ceremony in the cozy Himalayan salt room to complete your restoration.

Before the procedure – a visit to the Aqua Complex included



Additional services

Additional steaming 2 500 ₺
as part of the steaming ritual 20 minutes //

Body peeling 3 800 ₺
A gentle scrub based on salt or sugar. 20 minutes //

Finishing cream 600 ₺

Finish the ritual with a rest in the Himalayan salt room and a soothing tea ceremony to fully restore your energy.

The rituals of steam baths have contraindications; it is necessary to consult a specialist first.

Aqua treatments

Asian Head SPA Treatment

9 600 ₺

90 minutes //

- Japanese head care with aromatherapy
- Massage using a variety of combs
- Foaming head and neck-shoulder care
- Relaxing hydro-massage arch with four water jets
- Scalp exfoliation
- Professional scalp treatment
- Nourishing hair care with steam canopy
- Hand and foot care

A pearl-like bath with sea salt

30 minutes // 2 900 ₺

The program with soft bubbles and sea salt will give your body a feeling of lightness and relaxation.

Pearl milk bath

30 minutes // 3 200 ₺

A pleasant and beneficial program in a bath with gentle bubbles and the addition of aromatic oil to reduce swelling, nourish, and moisturize the skin.

Underwater hydromassage SPA care

30 minutes // 3 200 ₺

The care routine gives you a boost of energy, improves muscle tone and skin elasticity, relieves tension, reduces swelling and the appearance of cellulite; a course of treatments enhances the effect and helps maintain the results.

45 minutes // 4 200 ₺

Sculptural SPA shower

15 minutes // 2 500 ₺

A tonic water treatment with elastic water jets intensively works the tissues and provides an instant boost of energy, reducing swelling. The treatment gives a feeling of lightness and stabilizes mood. A course is recommended to consolidate the results.

Floating Relaxation

20 minutes // 2 500 ₺

A dry relaxation technique that quickly relieves stress and tension, restoring harmony and peace to both body and mind.

Aqua-treatments have contraindications; it is necessary to consult a specialist first.

Body Treatments

SPA body care for selected zones

Neck-shoulder zone / back / legs

30 minutes // 3 900 ₺

«Relaxing» SPA body care

60 minutes // 5 800 ₺

90 minutes // 7 700 ₺

«Relaxing» SPA body care

with aroma oils

60 minutes // 6 200 ₺

90 minutes // 8 000 ₺

«Classic» SPA body care

60 minutes // 6 200 ₺

90 minutes // 8 000 ₺

«Modeling» SPA body care

60 minutes // 6 800 ₺

90 minutes // 8 500 ₺

«Intensive» SPA body care

60 minutes // 6 800 ₺

90 minutes // 8 500 ₺

Signature SPA body care “Integral Reset”

70 minutes // 9 500 ₺

Additional services

SPA body care *

by choice: head / arms / feet

20 minutes // 2 500 ₺

*Available only in combination with other SPA body treatments or programs.

Body treatments have contraindications; it is necessary to consult a specialist first.

Body Treatments

"Emerald Coast with Pink Granite"

60 minutes // 7 500 ₺

The treatment combines relaxing and toning techniques using warm pink granite stone and is based on a balm made from organic green tea.

"Italian Luxury"

60 minutes // 7 500 ₺

A relaxing care treatment for deep restoration and nourishment of the skin. Primrose oil helps even out skin tone, soothe redness, and give the skin a smoother, healthier appearance. The products are fully absorbed and do not require rinsing.

"Costa Rica"

60 minutes // 7 500 ₺

Body care inspired by the Hawaiian technique "Lomi Lomi". The program is aimed at moisturizing and nourishing, and boosting energy with the help of a melting balm containing guava extract.

Facials

Modeling SPA facial care

30 minutes // 4 500 ₺

Modeling SPA facial care and alginate mask

60 minutes // 6 500 ₺

Body treatments have contraindications; it is necessary to consult a specialist first.

Body Treatments

“Zanzibar” nutritional program

60 minutes // 7 500 ₺

Coconut SPA treatment with extra virgin oil: deep hydration and skin restoration. A gentle scrub with coconut powder renews the skin, and the relaxing spa massage treatment envelops you in a delicate aroma and gives you a sense of lightness.

“Fuoko” modeling program

90 minutes // 8 600 ₺

An innovative gel with diorite and volcanic sand is used for contouring SPA care, upon application, it releases pleasant warmth. The gel enhances microcirculation, reduces imperfections, and gives the figure a noticeable toned appearance.

Renewal Program «Triumph of Rebirth»

70 minutes // 9 500 ₺

A gentle exfoliation gently renews the skin, boosts blood circulation, and restores its smoothness and radiance. Luxurious passion fruit, patawa, and annatto oils saturate the skin with antioxidants, deeply nourish, moisturize, and help even out skin tone. Carrot oil increases elasticity and stimulates cell renewal, while light citrus notes provide a sense of freshness and harmony.

Glowing Program «Golden Star»

70 minutes // 9 500 ₺

After a gentle warming in the sauna, the treatment continues with a golden scrub, a soft creamy wrap, and is completed with a golden nectar. The program deeply moisturizes and nourishes the skin, leaving it soft and silky, while natural mica particles add a delicate glow and smooth the skin's texture.

Body treatments have contraindications; it is necessary to consult a specialist first.

Body Treatments

Relax Program «Whisper of the Mediterranean»

70 minutes // 9 500 ₺

The ritual begins with a gentle warming in the sauna and an aromatic welcome that immerses you in the atmosphere of the Mediterranean. This is followed by a soft body scrub with sea essence and a SPA massage treatment using an aromatic oil candle.

Anti-Aging Program «Tropical Paradise»

70 minutes // 7 700 ₺

The aromatic SPA ritual begins with a warming in the sauna, followed by a renewing cream-based body scrub, a body mask with tropical fruit extract, and concludes with a nourishing oil treatment.

Aroma Program «Delightful Chocolate»

70 minutes // 7 700 ₺

The SPA ritual begins with a gentle warming in the sauna, followed by a chocolate cream scrub exfoliation, a nourishing wrap, and concludes with a SPA massage treatment using aromatic oil.

Traditional Thai SPA care

60 minutes // 6 800 ₺

90 minutes // 8 500 ₺

Body treatments have contraindications; it is necessary to consult a specialist first.

Body Treatments

Thalasso

Relaxation with Sea Mud

90 minutes // 10 500 ₺

The program begins with a gentle exfoliation, after which the body is covered with Thalasso sea mud, rich in minerals and magnesium, to tone and restore the skin. Then you immerse into deep relaxation under a warm thermal blanket, and the program concludes with a nourishing treatment.

Relaxation with Seawater

90 minutes // 9 200 ₺

After a gentle exfoliation, a Thalasso wrap with seawater is applied, saturating the skin with minerals and magnesium while restoring the balance of the nervous system. Relaxation under a thermal blanket and a finishing treatment provide deep relaxation, skin nourishment, and a sense of complete renewal.

Detox & Remineralization

90 minutes // 10 500 ₺

Immerse yourself in a state of deep tranquility with a wrap based on Guérande Peloid sea mud. Under the thermal blanket, the mud intensely saturates the skin with minerals, soothes irritations, relieves muscle tension, promotes the elimination of toxins, and gives the body a sense of renewal.

Three Seaweeds Treatment

90 minutes // 9 200 ₺

A comprehensive transformation of body contours and skin tone. The active formula with seaweeds stimulates fat breakdown and saturates the body with minerals.

Facials

Moisturizing

60 minutes // 6 500 ₺

Restore skin tone, deep hydration, and a natural glow while reducing signs of fatigue and dehydration. The ritual includes: gentle milk cleansing, followed by deep gel and toner care, herbal peel mask, and an ampoule serum concentrate tailored to your skin type. The treatment topped up with a relaxing facial SPA care and a protective cream.

Glow

60 minutes // 10 200 ₺

The treatment begins with a gentle cleansing with milk and a deeper cleansing with a mineral mask. A SPA care is performed using a serum, and finishes with a radiant-effect mask.

Anti-Age

90 minutes // 11 500 ₺

Intensive rejuvenation and lifting effect for a visibly firmer, more youthful complexion. The program features a three-step cleansing with gel, toner, and peel, followed by an ampoule serum concentrate and an "Instant Biorevitalization" hydrating mask. A targeted facial SPA care with serum follows. The ritual ends with an antioxidant protective cream.

Detox

60 minutes // 6 500 ₺

The program focuses on deep cleansing and skin smoothing. Starts with an intensive cleansing using a two-phase Balance solution. If needed, an ultrasonic device is used for additional cleansing. The procedure finishes with a mineral mask that helps restore the skin barrier and reduce inflammations.

Facial treatments have contraindications; it is necessary to consult a specialist first.

Facials

Men's Skin Detox

60 minutes // 8 500 ₺

The program is designed to minimize enlarged pores and even out skin tone. It begins with a cleansing milk and a deep cleanse with a gel and toner, followed by a warming lotion with ginger. Next, an herbal mask peel is applied, followed by a serum in ampoule concentrate, after which the skin rests under an absorbing charcoal mask. The treatment concludes with a serum for men's skin and a protective cream.

Enzyme facial peeling and SPA care

40 minutes // 5 200 ₺

Facial Mask and SPA care

50 minutes // 5 500 ₺

Additional services



Alginate mask

Facial

2 500 ₺

30 minutes //

Alginate mask

Face and neck

3 500 ₺

30 minutes //

*Available only as part of a treatment.

Facial treatments have contraindications; it is necessary to consult a specialist first.

SPA Packages

For one

Anti-stress

12 000 ₺

90 minutes //

- Session visit
- Warming up in the sauna for 10 min
- Floating relaxation 20 min
- SPA body care "Italian Luxury" 60 min
- Tea ceremony

Renewal

12 600 ₺

100 minutes //

- Session visit
- Warming up in the sauna for 10 min
- Pearl milk bath 30 min
- SPA body care "Emerald Coast with Rose Granite" 60 min
- Tea ceremony

Detox & Purification

17 000 ₺

140 minutes //

- Session visit
- Warming up in the sauna for 10 min
- Detox and remineralization treatment 90 min
- Enzyme peel and facial SPA care 40 min
- Tea ceremony

Energy

16 200 ₺

120 minutes //

- Session visit
- Classic bath ritual: 60 min
- SPA body care "Costa Rica" 60 min
- Tea ceremony

Anti-Aging

15 600 ₺

150 minutes //

- Session visit
- Warming up in the sauna for 10 min
- Modeling SPA program "Fuoco" 90 min
- Modeling facial SPA care with mask 50 min
- Tea ceremony

SPA treatments have contraindications; it is necessary to consult a specialist first.

SPA Packages

For one

Weightlessness

14 800 ₺

120 minutes //

- Session visit
- Underwater hydromassage SPA treatment 20 min
- Body exfoliation 20 min
- Aroma relaxation SPA care 60 min
- Tea ceremony

Transformation

13 800 ₺

100 minutes //

- Session visit
- Sculptural SPA shower 15 min
- Renewal program "Triumph of Rebirth" 70 min
- Tea ceremony



SPA treatments have contraindications; it is necessary to consult a specialist first.

SPA Packages

For two

Relax for two

21 500 ₺

100 minutes //

- Session visit
- Guest 1: Classic body SPA care 90 min
- Guest 2: Modeling facial SPA care 30 min; Relaxing SPA body care with aroma oils – 60 min
- Tea ceremony

Detox for Two

32 700 ₺

180 minutes //

- Session visit
- Guest 1: Honey-Salt Steaming Ritual 45 min; The “Zanzibar” nutritional program 60 min; Enzyme facial peeling and skin-type mask 40 min
- Guest 2: Steam treatment with ice 45 min; Classic body SPA care 90 min
- Tea ceremony

Bliss for Two

29 700 ₺

100 minutes //

- Session visit
- Guest 1: Whisper of the Mediterranean SPA body treatment 70 min
- Guest 2: Triumph of Rebirth SPA body treatment 70 min
- Each guest: SPA body care for selected zones (by choice) 30 min
- Tea ceremony

For Women Only

29 600 ₺

140 minutes //

- Session visit
- Guest 1: “Fuoko” modeling program 90 min; Modeling facial SPA care and skin-type mask 50 min
- Guest 2: Three Seaweeds Treatment 90 min; Modeling facial SPA care and skin-type mask 50 min
- Tea ceremony

For Men Only

29 600 ₺

180 minutes //

- Session visit
- Classic steam ritual for two 90 min
- Guest 1: «Intensive» SPA body care 90 min
- Guest 2: Classic SPA body care 90 min
- Tea ceremony